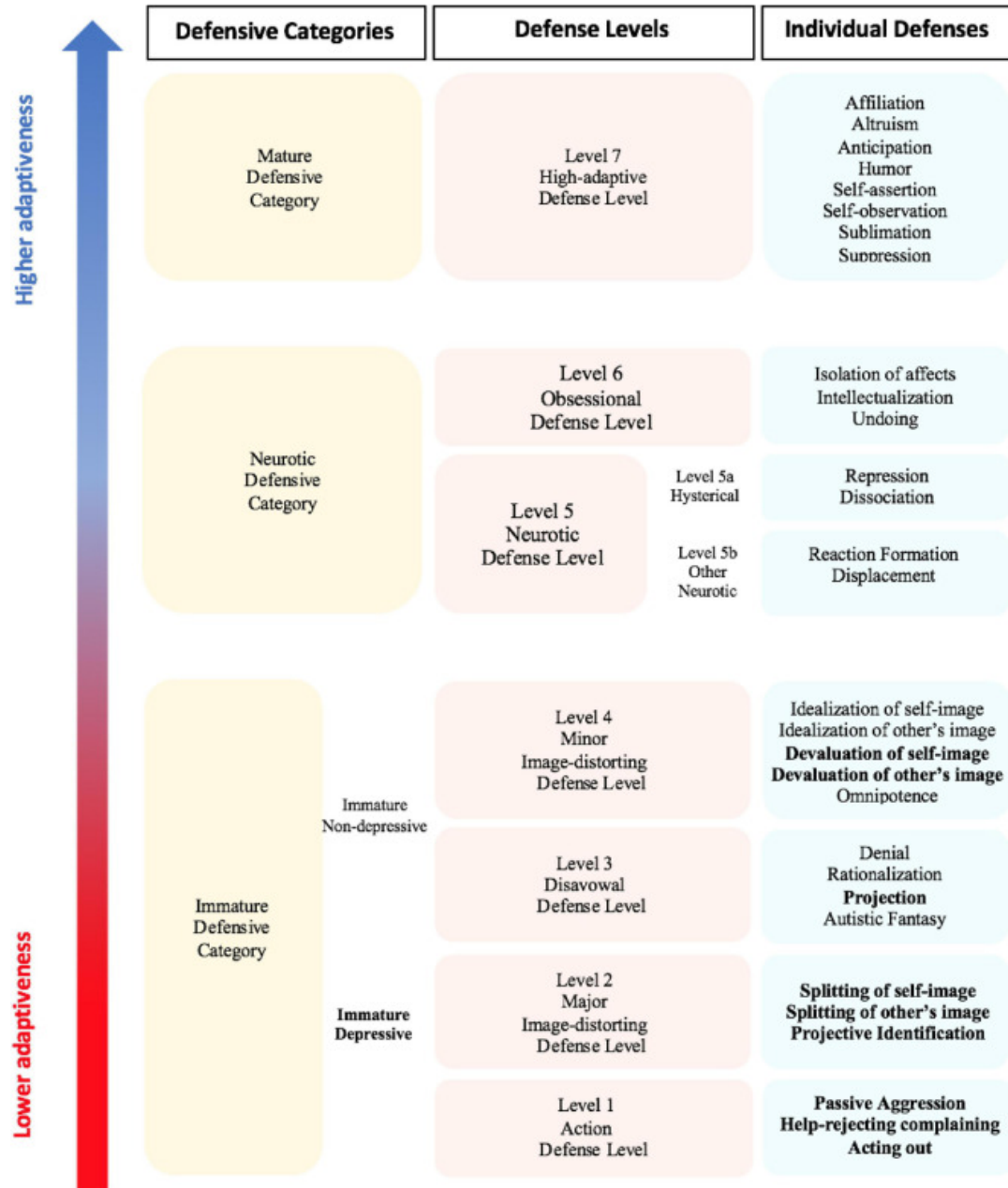


Supplementary Material

Figure 1. Hierarchical organization of defensive categories, defense levels and individual defenses.



Note: Figure extracted from Di Giuseppe, M., & Perry, J. C. (2021). The Hierarchy of Defense Mechanisms: Assessing Defensive Functioning With the Defense Mechanisms Rating Scales Q-Sort. *Frontiers in psychology*, 12, 718440. <https://doi.org/10.3389/fpsyg.2021.718440>
 Depressive defenses are in bold.

Measures by Country

	USA	Australia	Canada	Germany	Italy	UK
Defenses	DMRS-	DMRS-	DMRS-	DMRS-	DMRS-	DMRS-
Mechanisms	SR-30	SR-30	SR-30	SR-30	SR-30	SR-30
Depression	PHQ-9	PHQ-9	PHQ-9	PHQ-9	SCL-90	PHQ-9
Anxiety	GAD-6	GAD-6	GAD-6	GAD-6	SCL-90	GAD-6
Somatization	PHQ-15	PHQ-15	PHQ-15	PHQ-15	SCL-90	PHQ-15
COVID-related	IES-6	IES-22R	IES-6	IES-6	IES-22R	IES-6
Postt. Distress	IES-22R					

Note: DMRS-SR -30 = Defense Mechanism Rating Scale-Self-Report-30; PHQ-9 = Patient Health Questionnaire – depressive symptoms; GAD-6 = Patient Health Questionnaire – generalized anxiety symptoms; PHQ-15 = Patient Health Questionnaire – somatization symptoms; IES-6 & IES-22 = Impact of Events – COVID-related posttraumatic distress; Postt. = Posttraumatic; SCL-90 = Symptom Checklist 90.